

Rachel Brooks

Helping founders and purpose-driven women get clear, simplify, and rebuild with discernment.

110,000+

Podcast Downloads

Top 2% of 3M+

Podcast Globally

365+

Episodes Published

15,000+

Combined
Social Following

Bestselling

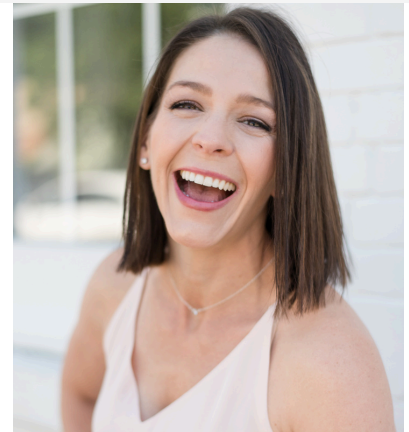
Award-Winning
Author

Founder

The Confident
Woman®

Rachel Brooks is a faith-fueled entrepreneur, multi-award-winning bestselling author, and founder of The Confident Woman — one of the most trusted voices in the faith-fueled women's entrepreneurship space. Her podcast has surpassed 110,000 downloads and ranks in the top 2% of over 3 million podcasts globally.

Her message sits at the intersection of identity, strategy, and freedom, and it comes from lived experience: burnout, loss, rebuilding, and finding God in the middle of the mess. Rachel doesn't perform confidence. She teaches women what it feels like to actually live it.



Signature Keynotes and Sessions

Rebuild Without Losing Yourself

For the woman in the in-between — not where she was, not yet where she's going. A framework for rebuilding with faith, clarity, and identity intact.

Stop Performing Confidence. Start Living It.

There's a version of confidence the world sells and the kind that actually converts. Rachel shows women how to move from performing to presence.

The Discipline of Discernment

Not every opportunity is a door you should walk through. How purpose-driven leaders develop the internal filter that protects energy and grows their business.

Business Makes Money. Life Makes Meaning.

The most dangerous lie in entrepreneurship is that the two are the same. Rachel shows founders how to build a business that funds the life they actually want.

IDEAL FOR

- Entrepreneur & founder events
- Corporate women's ERG & wellness events
- Virtual summits & podcast appearances
- Grief, loss & rebuilding-focused gatherings
- Women's leadership & faith-based conferences
- Women's wellness summits & retreats

"I don't teach confidence as a performance. I teach it as a return to who you already are." — Rachel Brooks

SPEAKING INQUIRIES

PODCAST

CONNECT

contact@iamrachelbrooks.com

[The Confident Woman Podcast](#)

[linkedin.com/in/iamrachelbrooks](https://www.linkedin.com/in/iamrachelbrooks)